

## Curriculum Sequencing Overview – Cambridge National Sports Studies

| Week   | 1 (6-8 Sept)  | 2 (11-15 Sept)  | 3 (18-22 Sept)  | 4 (25-29 Sept)  | 5 (2-6 Oct)   | 6 (9-13 Oct)  | 7 (1-3 Nov)   | 8 (6-10 Nov)  |
|--|---|---|---|---|---|---|---|---|
| <b>Unit Theme and Assessed Knowledge/ Skills</b> | R185: T1 Practical Performance<br><br>R185: T2 Apply practice methods to support improvement in a sporting activity – task completion   | R185: Practical Performance<br><br>R185: Apply practice methods to support improvement in a sporting activity – task completion   | R185: Practical Performance<br><br>R185: Apply practice methods to support improvement in a sporting activity – task completion | R185: Practical Performance<br><br>R185: Apply practice methods to support improvement in a sporting activity – task completion | R185: Practical Performance<br><br>R185: Apply practice methods to support improvement in a sporting activity – task completion | R185: Practical Performance<br><br>R185: Apply practice methods to support improvement in a sporting activity – task completion | R185: Practical Performance<br><br>R185: Apply practice methods to support improvement in a sporting activity – task completion | R185: Practical Performance<br><br>R185: Apply practice methods to support improvement in a sporting activity – task completion |
| <b>Lesson Topics Sequence &amp; Content</b>      | T1: 1.1.1 Performance of skills and techniques<br><br>T2: 2.1.1 Key components for assessing strengths and weaknesses in an activity:<br>□Skills and techniques<br>□Tactics and strategies<br>□Compositional idea | T1: 1.1.1 Performance of skills and techniques<br><br>T2: 2.1.1 Key components for assessing strengths and weaknesses in an activity:<br>□Skills and techniques<br>□Tactics and strategies<br>□Compositional idea | T1: 1.1.1 Performance of skills and techniques<br><br>T2: 2.2.1 Different types of practices and progressive drills             | T1: 1.1.1 Performance of skills and techniques<br><br>T2: 2.2.1 Different types of practices and progressive drills             | T1: 1.1.1 Performance of skills and techniques<br><br>T2: 2.2.2 Altering the context of performance                             | T1: 1.1.1 Performance of skills and techniques<br><br>T2: 2.2.2 Altering the context of performance                             | T1: 1.1.1 Performance of skills and techniques<br><br>T2: 2.3.1 Use of tools to aid evaluation                                  | T1: 1.1.1 Performance of skills and techniques<br><br>T2: 2.3.1 Use of tools to aid evaluation                                  |
| <b>Key Assessments</b>                           | - Log books DEC 15 <sup>th</sup><br><br>- R185 T2 DEC 15th  | - Log books DEC 15 <sup>th</sup><br><br>- R185 T2 DEC 15th  | - Log books DEC 15 <sup>th</sup><br><br>- R185 T2 DEC 15th  | - Log books DEC 15 <sup>th</sup><br><br>- R185 T2 DEC 15th  | - Log books DEC 15 <sup>th</sup><br><br>- R185 T2 DEC 15th  | - Log books DEC 15 <sup>th</sup><br><br>- R185 T2 DEC 15th  | - Log books DEC 15 <sup>th</sup><br><br>- R185 T2 DEC 15th  | - Log books DEC 15 <sup>th</sup><br><br>- R185 T2 DEC 15th  |
| <b>Verification &amp; Moderation</b>             | 11 <sup>th</sup> Sept TA1 Set   |   |   |   |   |   | 1 <sup>st</sup> Nov Set TA2   |   |



| Week   | 9 (13-17 Nov)  | 10 (20-24 Nov)   | 11(27Nov–1 Dec)  | 12 (4-8 Dec)   | 13 (11-15 Dec)   | 14 (2-5 Jan)   | 15 (8-12 Jan)   | 16 (15-19 Jan)  |
|--|--|--|--|--|--|--|---|---|
| <b>Unit Theme and Assessed Knowledge/ Skills</b> | R185: Practical Performance<br><br>R185: T2 Apply practice methods to support improvement in a sporting activity – task completion | R185: Practical Performance<br><br>R185: T2 Apply practice methods to support improvement in a sporting activity – task completion | R185: Practical Performance<br><br>R185: T2 Apply practice methods to support improvement in a sporting activity – task completion | R185: Practical Performance<br><br>R185: T2 Apply practice methods to support improvement in a sporting activity – task completion | R185: Practical Performance<br><br>R185: T3.1/4.1 Organisation of a sports activity session  | R185: Practical Performance<br><br>R185: T3.2 Safety considerations when planning a sports activity session  | R185: Practical Performance<br><br>R185: T3 Planning a sports activity session              | R185: Practical Performance<br><br>R185: T3 Planning a sports activity session              |
| <b>Lesson Topics Sequence &amp; Content</b>      | T1: 1.1.1 Performance of skills and techniques<br><br>T2: 2.2 Implementing Methods to improve performance                          | T1: 1.1.1 Performance of skills and techniques<br><br>T2: 2.2 Implementing Methods to improve performance                          | T1: 1.1.1 Performance of skills and techniques<br><br>T2: 2.2 Implementing Methods to improve performance                          | T1: 1.1.1 Performance of skills and techniques<br><br>T2: 2.2 Implementing Methods to improve performance                          | T1: 1.1.1 Performance of skills and techniques<br><br>T3.1/4.1 Organisation of a sports activity session (venue, equipment, timing, supervision, and contingency plan) | T1: 1.1.1 Performance of skills and techniques<br><br>T3.2 Safety considerations when planning a sports activity session (risk assessments and correct action and objectives to meet the needs of the group) | T1: 1.1.1 Performance of skills and techniques<br><br>T3 Planning a sports activity session | T1: 1.1.1 Performance of skills and techniques<br><br>T3 Planning a sports activity session |
| <b>Key Assessments</b>                           | - Log books DEC 15 <sup>th</sup><br><br>- R185 T2 DEC 15th   | - Log books DEC 15 <sup>th</sup><br><br>- R185 T2 DEC 15th   | - Log books DEC 15 <sup>th</sup><br><br>- R185 T2 DEC 15th   | - Log books DEC 15 <sup>th</sup><br><br>- R185 T2 DEC 15th   | - Log books DEC 15 <sup>th</sup><br><br>- R185 T2 DEC 15th   | 2 <sup>nd</sup> Feb TA3 Plans Deadline   | 2 <sup>nd</sup> Feb TA3 Plans Deadline  | 2 <sup>nd</sup> Feb TA3 Plans Deadline  |
| <b>Verification &amp; Moderation</b>             |  |  |  |  | 15 <sup>TH</sup> Dec Student Deadline TA2  | 3 <sup>rd</sup> Jan Marked TA2<br><br>5 <sup>th</sup> Jan IV TA2   | 8 <sup>th</sup> Jan Set TA3   |   |

| Week   | 17 (22-26 Jan)  | 18 (29Jan – 2Feb)  | 19 (5-9 Feb)  | 20 (19-23 Feb)  | 21 (26Feb-1Mar)  | 22 (4-8 Mar)  | 23 (11-15 Mar)  | 24 (18-22 Mar)   |
|--|---|--|---|---|--|---|---|--|
| <b>Unit Theme and Assessed Knowledge/ Skills</b> | R185: Practical Performance<br><br>R185: T3 Planning a sports activity session              | R185: Practical Performance<br><br>R185: T3 Leading a sports activity session  | R185: Practical Performance<br><br>R185: T3 Leading a sports activity session   | R185: Practical Performance<br><br>R185: T4 Leading a sports activity session   | R185: Practical Performance<br><br>R185: T4 Leading a sports activity session              | R185: Practical Performance<br><br>R185: T5 Review of planning Positives and negatives              | R185: Practical Performance<br><br>R185: T5 Review of leading Positives and negatives               | R185: Practical Performance<br><br>R185: T5 Improvements that could be made              |
| <b>Lesson Topics Sequence &amp; Content</b>      | T1: 1.1.1 Performance of skills and techniques<br><br>T3 Planning a sports activity session | T1: 1.1.1 Performance of skills and techniques<br><br>T3 Leading a sports activity session (organisation of a sports activity session) | T1: 1.1.1 Performance of skills and techniques<br><br>T3 Leading a sports activity session (details, leadership style, adaptability, communication positioning, confidence) | T1: 1.1.1 Performance of skills and techniques<br><br>T4 Leading a sports activity session  | T1: 1.1.1 Performance of skills and techniques<br><br>T4 Leading a sports activity session | T1: 1.1.1 Performance of skills and techniques<br><br>T5 Review of planning Positives and negatives | T1: 1.1.1 Performance of skills and techniques<br><br>T5 Review of planning Positives and negatives | T1: 1.1.1 Performance of skills and techniques<br><br>T5 Improvements that could be made |
| <b>Key Assessments</b>                           | 2 <sup>nd</sup> Feb TA3 Plans Deadline  | 2 <sup>nd</sup> Feb TA3 Plans Deadline<br><br>19 <sup>TH</sup> Feb – 1 <sup>st</sup> March Leading T4                                  | 19 <sup>TH</sup> Feb – 1 <sup>st</sup> March Leading T4   | 19 <sup>TH</sup> Feb – 1 <sup>st</sup> March Leading T4   | 19 <sup>TH</sup> Feb – 1 <sup>st</sup> March Leading T4                                    | 28 <sup>th</sup> March Student deadline TA5   | 28 <sup>th</sup> March Student deadline TA5   | 28 <sup>th</sup> March Student deadline TA5  |
| <b>Verification &amp; Moderation</b>             |   | 2 <sup>nd</sup> Feb TA3 Plans Deadline   | 9 <sup>th</sup> Feb TA3 Marked TA3.   | Entries for R185 21 <sup>st</sup> Feb<br><br>IV Deadline 19 <sup>th</sup> TA3 (CPD Team Meeting)<br><br>19 <sup>th</sup> Feb Starting Leadership T4 | 1 <sup>st</sup> March marked TA4   | IV Deadline 8 <sup>th</sup> March TA4   | 11 <sup>th</sup> March TA5 Set.   |  |



| Week   | 25 (25-28 Mar)   | 26 (15-19 Apr)   | 27 (22-26 Apr)   | 28 (29Apr-3May)  | 29 (7-10 May)  | 30 (13-17 May)   | 31 (20-24 May)   | 32 (3-7 Jun) |              |
|--|--|--|--|--|--|--|--|--------------|--------------|
| <b>Unit Theme and Assessed Knowledge/ Skills</b> | R185: Practical Performance<br><br>R185: T5 Opportunities to develop leadership skills for the future              | R185: Practical Performance<br><br>R185: T5: reviewing your own performance in planning and leading a sports activity session                                | R185: Practical Performance<br><br>R185: T5: reviewing your own performance in planning and leading a sports activity session                                | R185: Practical Performance<br><br>R185: T5: reviewing your own performance in planning and leading a sports activity session                                | R185: Practical Performance<br><br>R185: T5: reviewing your own performance in planning and leading a sports activity session                                | R185: Practical Performance<br><br>R185: T5: reviewing your own performance in planning and leading a sports activity session                                | R186 Content   | R186 Content | R186 Content |
| <b>Lesson Topics Sequence &amp; Content</b>      | T1: 1.1.1 Performance of skills and techniques<br><br>T5 Opportunities to develop leadership skills for the future | T1: 1.1.1 Performance of skills and techniques<br><br>T5 Completing Task 5: reviewing your own performance in planning and leading a sports activity session | T1: 1.1.1 Performance of skills and techniques<br><br>T5 Completing Task 5: reviewing your own performance in planning and leading a sports activity session | T1: 1.1.1 Performance of skills and techniques<br><br>T5 Completing Task 5: reviewing your own performance in planning and leading a sports activity session | T1: 1.1.1 Performance of skills and techniques<br><br>T5 Completing Task 5: reviewing your own performance in planning and leading a sports activity session | T1: 1.1.1 Performance of skills and techniques<br><br>T5 Completing Task 5: reviewing your own performance in planning and leading a sports activity session |  |              |              |
| <b>Key Assessments</b>                           | 28 <sup>th</sup> March Student deadline TA5  |  |  |  |  |  |  |              |              |
| <b>Verification &amp; Moderation</b>             | TA1 Deadline witness statements<br><br>28 <sup>th</sup> March Student deadline TA5                                 | TA1 Marked witness statements<br><br>19 <sup>th</sup> April Marked TA5   | TA1 IV 26 <sup>th</sup> April<br><br>26 <sup>th</sup> April IV TA5   |  |  | Centre assessed marks uploaded to interchange<br>15 <sup>th</sup> May  | Submission deadline (sending off work)<br>20 <sup>th</sup> May |              |              |

